

How would you rate your overall sexual satisfaction?

Please mark your response anywhere on the line below:

--	--	--	--	--	--	--	--	--	--

Briefly describe what the low, middle, and high ends of the scale above mean to you. Use as many words as you can to describe what thoughts you had when filling out your answer above.

LOW END OF SCALE	MIDDLE OF SCALE	HIGH END OF SCALE

For more detail on the self-anchored ladder method, see:

McClelland, S. I. (2017). Conceptual disruption: The self-anchored ladder in critical feminist research. *Psychology of Women Quarterly*, 41(4), 451-464.